

Spring / Summer Menu

Lowfield Primary



WEEK ONE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
13th Apr, 4th May, 25th May, 15th Jun, 6th Jul, 7th Sept, 28th Sept, 19th Oct 2026	Main Meal Option	Margherita Pizza with Pasta Salad	Mild Beef & Bean Chilli & Yellow Rice	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Pork Sausage in a Roll with Tomato Pasta Salad	Fish Fingers & Chips
	Vegetarian Meal Option	Vegetable Sausage in a Roll with Tomato Pasta Salad ^{VG}	Macaroni Cheese with Vegetables or Salad	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Pitta Bread Filled with Plant-based Meatballs in an Arrabbiata Sauce with Vegetable Sticks ^{VG}	Cheese Quiche & Chips
	Halal Option	Margherita Pizza & Pasta Salad	Mild Halal Lamb & Bean Chilli & Yellow Rice	Halal Roast Chicken, Gravy, Stuffing & Roast Potatoes	Halal Chicken Sausage in a Roll with Tomato Pasta Salad	Fish Fingers & Chips
	Vegetables	Coleslaw & Garden Peas	Vegetable Sticks or Sweetcorn	Seasonal Greens & Carrots	Broccoli, Carrots & Cauliflower or Mixed Salad	Garden Peas, Baked Beans
	Sandwiches	Cheese	Tuna Mayo	Cheese	Tuna Mayo	Cheese
	Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese or Salmon Mayo
	Dessert	Chocolate Fudge Cake	Shortbread and Fruit Slices	Strawberry Jelly ^{VG}	Fruit Slices & Vanilla Cookie ^{VG}	Vanilla or Chocolate Ice Cream
WEEK TWO		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30th Mar, 20th Apr, 11th May, 1st Jun, 22nd Jun, 13th Jul, 14th Sept, 5th Oct, 26th Oct 2026	Main Meal Option	Margherita Pizza with Rice Salad	Beef Pasta Bolognese with Garlic Bread	Roast Chicken with Gravy, Yorkshire Pudding & Roast Potatoes	Pork Sausage & Mash with Gravy	Fish Fingers & Chips
	Vegetarian Meal Option	Cheese & Spring Onion Loaded Potato Skins	Cheese Melt	Quorn Grill, Gravy, Yorkshire Pudding & Roast Potatoes	Veggie Sausage & Mash with Gravy ^{VG}	Cheese & Onion Bake with Chips
	Halal Option	Margherita Pizza with Rice Salad	Halal Lamb Pasta Bolognese with Garlic Bread	Halal Roast Chicken, Gravy, Yorkshire Pudding & Roast Potatoes	Halal Chicken Sausage & Mash with Gravy	Fish Fingers & Chips
	Vegetables	Broccoli, Sweetcorn & Baked Beans	Broccoli, Cauliflower & Carrots	Seasonal Greens & Carrots	Garden Peas & Sliced Carrots	Garden Peas & Baked Beans
	Sandwiches	Cheese	Tuna Mayo	Cheese	Tuna Mayo	Cheese
	Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese
	Dessert	Banana Bread Cookie	Raspberry Jelly & Fruit Slices ^{VG}	Blueberry Cake & Custard	Fruit Slices & Flapjack ^{VG}	Chocolate Mousse
WEEK THREE		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6th Apr, 27th Apr, 18th May, 8th Jun, 29th Jun, 20th Jul, 31st Aug, 21st Sept, 12th Oct 2026	Main Meal Option	Margherita Pizza with Pasta Salad	BBQ Chicken with Yellow Rice	Roast Chicken with Gravy, Stuffing & Roast Potatoes	Beef Burger with Potato Wedges	Fish Fingers & Chips
	Vegetarian Meal Option	Pasta Twists in a Tomato & Basil Sauce	Macaroni Cheese with Vegetables or Salad	Quorn Grill, Gravy, Stuffing & Roast Potatoes	Vegetable Burger with Potato Wedges	Cheese Quiche with Chips
	Halal Option	Margherita Pizza with Pasta Salad	Halal BBQ Chicken with Yellow Rice	Halal Roast Chicken, Gravy Stuffing & Roast Potatoes	Halal Lamb Burger with Potato Wedges	Fish Fingers & Chips
	Vegetables	Sweetcorn & Baked Beans	Broccoli, Cauliflower & Carrots	Seasonal Greens, Carrots & Salad	Broccoli, Sweetcorn & Coleslaw	Garden Peas & Baked Beans
	Sandwiches	Cheese	Tuna Mayo	Cheese	Tuna Mayo	Cheese
	Baked Jacket Potatoes	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese	Jacket Potato with Beans ^{VG} Cheesy Beans, Tuna Mayo or Cheese
	Dessert	Chocolate Cookie ^{VG}	Pineapple Upside Down Cake & Custard	Orange Jelly ^{VG}	Chocolate & Apple Cake	Cherry Iced Sponge Cake

Available Daily: Pick & Mix Selection, Salad, Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg	Source of wholegrain	Contains plant-based proteins	50% fruit	Oily fish	Vegan	VG
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England's target for 'free sugar' intake for your child
 Recommended fruit and vegetable portion sizes are calculated using School Food Standards.
 On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.