



LOWFELD PRIMARY

SPRING SUMMER 2023



Colours in the left column represent the band your child should choose for the meal that day

WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 17/04/23 : 08/05/23 : 29/05/23 19/06/23 : 10/07/23 : 31/07/23 21/08/23 : 11/09/23 : 02/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Italian Chicken with Mixed Rice	Roast Chicken with Roast Potatoes, & Gravy	Chicken & Tomato Pasta Bake	Fish Fingers with Chips & Tomato Sauce
	Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Beany Tomato Ragù with Cous Cous	Quorn Roast with Roast Potatoes & Gravy	Vegetable Meatball Pasta Bake	Cheesy Pea Pasta
	Halal/Vegetarian	Cheese & Tomato Pizza with Diced Potatoes	Halal Italian Chicken with Mixed Rice	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Chicken & Tomato Pasta	Fish Fingers with Chips & Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans, Salmon Mayo or Tuna Mayo
	Sandwiches	Cheese Sandwich	Tuna Mayo Sandwich	Tuna Mayo Wrap	Cheese Sandwich	Cheese Sandwich
	Vegetables	Mixed Vegetables Mixed Salad	Garden Peas Carrots	Cauliflower Cabbage	Green Beans Sweetcorn	Baked Beans Garden Peas
	Dessert	Oat & Raisin Cookie	Chocolate Sponge with Chocolate Sauce	Ice Cream & Banana	Vanilla Blondie & Apple Wedges	Strawberry Cake
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 24/04/23 : 15/05/23 : 05/06/23 26/06/23 : 17/07/23 : 07/08/23 28/08/23 : 18/09/23 : 09/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta	Roast Chicken with Roast Potatoes & Gravy	Chicken Pie with Mashed Potatoes	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Veggie Chilli with Mixed Rice	Veggie Burger with Potato Wedges	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Pastry Roll with Potato Wedges	Margherita Macaroni
	Halal/Vegetarian	Rainbow Pizza with Diced Potatoes	Halal Chicken & Sweetcorn Meatballs with Tomato Sauce & Pasta	Halal Roast Chicken with Roast Potatoes & Gravy	Halal Chicken Pie with Mashed Potatoes	Fish Fingers & Chips with Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches	Cheese Sandwich	Tuna Mayo Sandwich	Tuna Mayo Wrap	Cheese Sandwich	Cheese Sandwich
	Vegetables	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Mixed Vegetables Sweetcorn	Baked Beans Garden Peas
	Dessert	Flapjack Finger	Chocolate & Banana Muffin with Apple Wedges	Jelly & Mandarins	Fruity Jam Buns & Custard	Chocolate Ice Cream
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 01/05/23 : 22/05/23 : 12/06/23 03/07/23 : 24/07/23 : 14/08/23 04/09/23 : 25/09/23 : 16/10/23	Main Course	Cheese & Tomato Pizza with Diced Potatoes	Beef Spaghetti Bolognese	Roast Chicken with Roast Potatoes & Gravy	BBQ Chicken & Vegetable Burritos with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Vegetarian Main Course	Loaded Jacket Wedges with Cheese or Beans	Veggie Mince Pasta Bake	Quorn Roast with Roast Potatoes & Gravy	Cheese & Onion Flan with Diced Potatoes	Macaroni Cheese
	Halal/Vegetarian	Cheese & Tomato Pizza with Diced Potatoes	Halal Spaghetti Bolognese	Halal Roast Chicken with Roast Potatoes & Gravy	Halal BBQ Chicken & Vegetable Burritos with Mixed Rice	Fish Fingers & Chips with Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese or Baked Beans	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo	Jacket Potato with Cheese, Baked Beans or Tuna Mayo
	Sandwiches	Cheese Sandwich	Tuna Mayo Sandwich	Tuna Mayo Wrap	Tuna Mayo Sandwich	Fish Finger Sandwich
	Vegetables	Mixed Vegetables Garden Salad	Garden Peas Sweetcorn	Cabbage Cauliflower	Green Beans Carrots	Baked Beans Garden Peas
	Dessert	Chocolate Shortbread Biscuit	Fruity Flapjack with Banana	Oaty Crunchy Biscuit	Apple Sponge & Custard	Chocolate Crispy Crunch

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.