



LOWFIELD PRIMARY



Colours in the left column represent the band your child should choose for the meal that day

WEEK ONE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 30/08/21 : 20/09/21 : 11/10/21 : 01/11/21 : 22/11/21 : 13/12/21	Main Course	Vegetarian Sausage and Mash	Beef Meatballs and Tomato Sauce with Pasta	Roast Chicken with Yorkshire Pudding, New Potatoes and Gravy	Beef Lasagne with Homemade Garlic Bread	Fish Fingers with Chips and Tomato Sauce
	Vegetarian Main Course	Cheese Flan with Jacket Wedges and Tomato Sauce	Beandillas with Savoury Rice	Quorn Roast with Yorkshire Pudding, New Potatoes and Gravy	Roasted Vegetable Lasagne with Homemade Garlic Bread	Bean Bake with Chips and Tomato Sauce
	Halal/Vegetarian	Vegetarian Sausage and Mash	Halal Chicken Meatballs in Tomato Sauce with Pasta	Halal Roast Chicken with Yorkshire Pudding, New Potatoes and Gravy	Halal Lamb Lasagne with Homemade Garlic Bread	Fish Fingers with Chips and Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese, Baked Beans or Veggie Chilli	Jacket Potato with Cheese, Baked Beans or Meatballs	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Sweet Chilli Chicken	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Mediterranean Vegetable Ragu	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Salmon Mayo
	Sandwiches	Cheese Sandwich	Tuna Mayo Sandwich	Tuna Mayo Wrap	Cheese Sandwich	Cheese Sandwich
	Seasonal Vegetables	Peas & Sweetcorn	Broccoli & Carrots	Cauliflower & Green Beans	Mixed Vegetables & Peas	Peas & Baked Beans
	Dessert	Jam Sponge with Custard	Iced Carrot Cake and Orange Wedge	Flapjack Finger with Custard	Jelly with Peaches	Chocolate Fudge Cake
WEEK TWO		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 06/09/21 : 27/09/21 : 18/10/21 : 08/11/21 : 29/11/21	Main Course	Veggie Bolognese with Pasta and Homemade Garlic Bread	Beef Chilli Con Carne with Wholegrain Rice and Homemade Nachos	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Beef Burger in a Bun with Jacket Wedges and Tomato Sauce	Fish Fingers with Chips and Tomato Sauce
	Vegetarian Main Course	Cheese and Tomato Pasta Bake with Homemade Garlic Bread	Homemade Cheese and Tomato Pizza with Half Jacket Potato	Quorn Roast with Stuffing, Roast Potatoes and Gravy	Quorn Burger in a Bun with Jacket Wedges and Tomato Sauce	Tortilla Layer with Chips and Tomato Sauce
	Halal/Vegetarian	Veggie Bolognese with Pasta and Homemade Garlic Bread	Halal Lamb Spaghetti Bolognese with Homemade Garlic Bread	Halal Roast Chicken with Stuffing, Roast Potatoes and Gravy	Halal Chicken Meatball Sub	Fish Fingers with Chips and Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese, Baked Beans or Bolognese Sauce	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Chilli	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Salmon Mayo	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or BBQ Chicken	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Veggie Mince
	Sandwiches	Cheese Sandwich	Tuna Mayo Sandwich	Tuna Mayo Wrap	Cheese Sandwich	Cheese Sandwich
	Seasonal Vegetables	Baked Beans & Sweetcorn	Green Beans & Carrots	Cabbage & Mixed Vegetables	Broccoli & Sweetcorn	Peas & Baked Beans
	Dessert	Ginger Shortbread with Custard	Shortbread Biscuit with Custard	Treacle Syrup Sponge with Custard	Jelly and Peaches	Hobnob Cookie with Apple Wedges
WEEK THREE		GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEKS COMMENCING: 13/09/21 : 04/10/21 : 25/10/21 : 15/11/21 : 06/12/21	Main Course	Macaroni Cheese with Homemade Garlic Bread	Pork Sausages with Mashed Potatoes and Gravy	Roast Chicken with Stuffing, New Potatoes and Gravy	Kashmiri Beef with Wholegrain Rice	Fish with Chips and Tomato Sauce
	Vegetarian Main Course	Vegetarian Chilli Wedge Bake	Vegetarian Sausage with Mashed Potatoes and Gravy	Quorn Roast with Stuffing, New Potatoes and Gravy	Homemade Cheese & Tomato Pizza with Half Jacket Potato	Bean Bake with Chips and Tomato Sauce
	Halal/Vegetarian	Macaroni Cheese with Homemade Garlic Bread	Halal Lamb Kebab with Mashed Potatoes and Gravy	Halal Spicy Baked Chicken with Stuffing, New Potatoes and Gravy	Halal Lamb Chilli Con Carne with Wholegrain Rice	Fish with Chips and Tomato Sauce
	Jacket Potato & Filling	Jacket Potato with Cheese, Baked Beans or Vegetarian Chilli	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Vegetarian Sausage	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Sweet Chilli Chicken	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Kashmiri Beef	Jacket Potato with Cheese, Baked Beans, Tuna Mayo or Salmon Mayo
	Sandwiches	Cheese Sandwich	Tuna Mayo Sandwich	Tuna Mayo Wrap	Tuna Mayo Sandwich	Fish Finger Wrap
	Seasonal Vegetables	Carrots & Sweetcorn	Cauliflower & Green Beans	Peas & Carrots	Green Beans & Sweetcorn	Peas & Baked Beans
	Dessert	Marble Sponge and Ice Cream	Chocolate Pinwheel Shortbread and Chocolate Sauce	Jelly and Mandarins	Cornflake Tart with Custard	Chocolate Shortbread Biscuit with Apple Wedges

Yoghurt and fruit will also be available each day as an alternative to dessert. A selection of breads, salads and fresh drinking water will be available daily.